

Youth Swim Lessons



AT JIM PARSLEY COMMUNITY CENTER

4100 Plomondon St, Vancouver, WA 98661
360-313-1060



Registration Opens: Sunday July 16th 12 AM

Register Online @ jpcc.vansd.org OR scan the QR code to register.

Pre-registration is required for ALL swim lessons. Classes fill fast. First come, first serve.

You will need to make an account in order to register.

We do not offer make-up lessons or give credits/refunds for missed classes. Refunds for the session must be made 5 business days prior to session

Saturdays

August 5th - September 9th: \$60
Six 30 Minute Lessons

8:45am - 9:15am	9:25am - 9:55am	10:05am - 10:35am	10:45am - 11:15am
Pre-Beginner	Pre-Beginner	Pre-Level 1	Pre-Level 2
Parent-n-Tot	Level 1	Level 1	Level 1
Level 2	Level 2	Level 3	Level 4/5

Guidelines for Swim Lessons

Pre-Levels are intended only for children 5yrs and under

1. Swimmers should arrive with swimwear already on to reduce locker room traffic.
2. Non toilet trained students are required to wear a swim diaper
3. Masks are optional
4. If you or your student are experiencing COVID-19 symptoms please remain at home.
5. To check in use the computer kiosk near the front desk
6. After your student is checked in, head into the appropriate locker room to shower.
7. Meet instructor on the pool deck.
8. If you or someone in your group begin to feel any COVID-19 symptoms while at the pool, please advise the lifeguard.

See backside for Level Descriptions

Infant & Toddler Lessons (Ages 6 months - 3 years)

Parent-n-tot (Starfish)

Water orientation for children 6 months to 3 years old with parents in the water. Parents assist child in basic swimming and safety skills. Non-toilet-trained children must wear swim diapers.

Preschool Lessons (Ages 3 - 5 years)

Pre-Beginner (Salamanders)

Starting point for children ages 3-5. Adjust to the water and become comfortable putting face in the water, floating and kicking with assistance.

Pre-Level 1 (Turtles)

Must complete pre beginner and/or be comfortable putting their face in the water. Swimmers will gain independence on their back, stomach, and rolling over from one side to the other side.

Pre-Level 2 (Hippos)

Must complete pre level 1 and/or are able to swim on back and stomach independently. Progress to move through water with arm strokes and kicking in preparation for side breathing.

Youth Lessons (6 years and older)

Level 1 (Walruses)

Starting point for children 6 and up. Become comfortable in the water and progress to swimming on front, back and rolling over, and putting face in water.

Level 2 (Frogs)

Must complete level 1 and/or are able to swim comfortably on front and back independently. Progress to swimming front crawl and back glide independently.

Level 3 (Manatees)

Must complete level 2 and/or are able to swim front crawl and back glide independently. Progress to swimming 25 yds front crawl with side breathing and 25 yds back crawl independently.

Level 4 (Whales)

Must complete level 3 and/or are able to swim 25 yds front crawl with side breathing and 25 yds back crawl. Students will refine front crawl & back crawl skills and learn elementary backstroke.

Level 5 (Flying Fish)

Must complete level 4 and/or are able to swim 50 yds front crawl with side breathing, 50 yds back crawl and elementary back stroke. Students will refine breast stroke, sidestroke skills and learn butterfly stroke.

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Mondays & Wednesdays

August 1st - 24th 2022 : \$80

Eight 30 Minute Lessons

4:15 - 4:45 pm

Pre-Beginner & Parent-n-Tot

4:55 - 5:25 pm

Pre-Level 1 & Level 1

5:35 - 6:05 pm

Pre-Level 2 & Level 3

6:15 - 6:45 pm

Level 2 & Level 4/5

Saturdays

August 6th - 27th, 2022 : \$40

Four 30 Minute Lessons

8:45 - 9:15 am

Pre-Beginner & Parent-n-Tot

9:25 - 9:55 am

Pre-Level 1 & Level 1

10:05 - 10:35 am

Pre-Level 2 & Level 3

10:45 - 11:15 am

Level 2 & Level 4/5

Guidelines for Swim Lessons

Students in a pre-level through level 1 classes may have a parent/guardian assist them in the pool, but they are not required.

1. Swimmers should arrive with swimwear already on to reduce locker room traffic.
2. Non toilet trained students are required to wear a swim diaper
3. Masks are optional
4. If you or your student are experiencing COVID-19 symptoms please remain at home.
5. To check in use the computer kiosk near the front desk
6. After your student is checked in, head into the appropriate locker room to shower.
7. Meet instructor on the pool deck.
8. If you or someone in your group begin to feel any COVID-19 symptoms while at the pool, please advise the lifeguard.

See backside for Level Descriptions

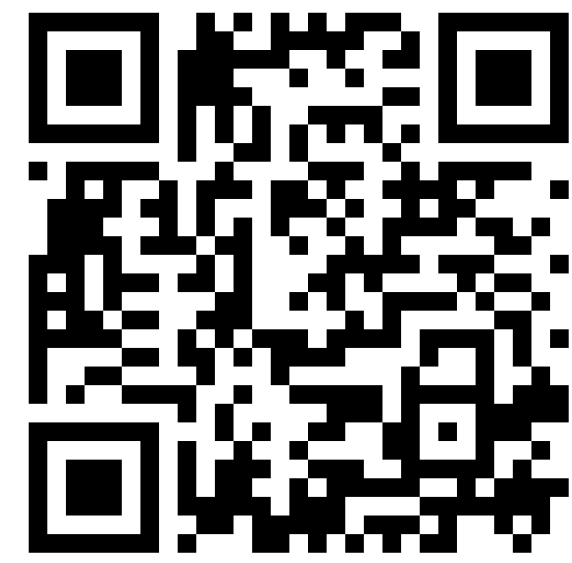


Youth Swim Lessons



AT JIM PARSLEY COMMUNITY CENTER

4100 Plomondon St, Vancouver, WA 98661
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Registration Opens: Sunday August 21st, 2022 at 12 AM

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Saturdays

September 3rd - 24th, 2022 : \$40

Four 30 Minute Lessons

8:45am - 9:15am	9:25am - 9:55am	10:05am - 10:35am	10:45am - 11:15am
Pre-Beginner	Pre-Level 1	Level 1	Level 1
Parent-n-Tot	Level 2	Level 3	Level 4/5

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